CANADIAN Traveller | SPECIAL EDITION

CALIFORNIA YOURS TO DISCOVER

DREAMING BIG IN THE GOLDEN STATE

PLUS

FAMILY FUN IN THE O.C. P. 12
WHY WE LOVE SAN FRANCISCO P. 20
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There's more than one right way to discover the left coast

4 Snapshots: What's going on across the Golden State

7 Camarillo’s sunny days

12 Orange County: Class without the sass

15 Going au natural in Mendocino County

17 Living the high life in the High Sierras

20 Why we still love San Francisco
California — Dreaming Big

There’s more than one right way to discover the left coast

By Michael Baginski

California. Its associated names roll off the tongue like a veritable bucket list of travel destinations and experiences: San Francisco, Palm Springs, Yosemite, Monterey, Big Sur, the Redwoods, Napa/Sonoma, La-la land…

Indeed, at almost 245,000 square kilometres and with a population greater than all the Canadian provinces combined (39.5 million vs. 36.6 million), America’s third-largest state (after Alaska and Texas) is almost a country unto itself. As such, there is no shortage of places to go and things to do – sipping wine in the north; surfing in the south; skiing in the High Sierras; tapping into the stylish celebrity culture or theme parks of Los Angeles; or taking to the peaks, trails, lakes and rivers of its great parks.

Framed by the State’s overt “everybody is welcome” culture, a visitor’s ultimate California experience is limited only by his or her own imagination. So, dare to “dream big,” but know that any visit will likely just scratch the surface, leaving you planning future returns before even heading home.

Sun & Beach

With 1,350 kilometres of coastline to call its own, California boasts hundreds of beaches and 118 designated “beach cities” alone. From nudist- to family-style; from northernmost lonely, wild Pelican State Beach to sizzling, southern Coronado Beach – the “Baywatch” beach – in San Diego, there’s a stretch of sand for everyone. Here are five on which to roll out a beach towel:

**Crissy Field, San Francisco Bay:** Offers spectacular views of San Francisco Bay and the Golden Gate Bridge.

**Lovers Point Park and Beach, Monterey, Central Coast:** Located in Pacific Grove, this local favourite provides a calm piece of beach to enjoy an afternoon in the sun with a picturesque view of Monterey Bay.

**Santa Monica Beach, Los Angeles County:** An iconic family beach playground with 5.5 kilometres of soft sand, plus the renowned Santa Monica pier and amusement park.

**Huntington Beach, Orange County:** Thirteen kilometres of golden sand, ideal for kayaking, surfing, shelling, biking and, in the evening, roasting marshmallows at 500 firepits.

**La Jolla Shores, San Diego County:** Perfect for kids thanks to warm, shallow water and an adjacent shaded, grassy park. If you’re there in late summer, check out the large annual gathering of (harmless) visiting leopard sharks.
KID-IFORNIA
California is home to countless kid-friendly experiences and attractions where children can take charge. From theme parks like Disneyland, SeaWorld San Diego, LEGOLAND California, Knott’s Berry Farm and Universal Studios Hollywood to journeys of exploration at the Monterey Bay Aquarium and The Exploratorium in San Francisco, – not to mention the plethora of museums, national and state parks, beaches and more – “Kid-ifornia” is the perfect destination for fun. A few activities to consider:

- Floating on a raft in Lake Tahoe
- Snowboarding at Mammoth Mountain
- Exploring boulders in Joshua Tree National Park
- Hiking through the Redwoods in Santa Cruz
- Feeling small on the giant USS Midway aircraft carrier in San Diego
- Feeding giraffes at San Diego Zoo Safari Park
- Glamping along the epic Big Sur coastline

OUTDOORS & ACTIVE
For all its urban and urbane attractions, there’s no better place to get outside than California – a diverse destination where inspired individuals might even surf in the morning and ski in the afternoon.

GOLF: From Pebble Beach (Monterey) to PGA West (Palm Springs), California’s courses are world famous and equally accessible to pros on tour and everyday duffers who want to channel their inner Tiger Woods.

SNOW: California isn’t all sun and fun – it’s sun and snow too, with dozens of mountain resorts throughout the State where visitors can ski, board or, in true California style, “snow surf” during one of the longest ski seasons in North America. From tubing to hot-tubbing, there is something for all tastes, not least the being the epic après ski parties.

HIKING/BIKING: Whether it’s at the beach, in the desert, at an urban park or on a mountain top, if you can hike it or bike it, the opportunity to move with purpose is endless throughout California. Of course, joggers, inline skaters and skateboarders would do well to pack their gear.

WATER SPORTS: In Huntington Beach, dubbed “Surf City, U.S.A.,” and all throughout the State, surfing is a way of life, but there are plenty more options, from paddle boarding to kayaking and windsurfing. And don’t forget those mountain lakes and rivers for boating, fishing, water skiing and white water rafting.

PARK LIFE: Amongst familiar names like Yosemite and Joshua Tree, California has more national parks (nine) than any other U.S. state, representing all manner of natural bounty: desert, mountains, canyons, seashore, islands and forests. One of the most interesting (and under the radar) is Lassen Volcanic National Park, in the north-eastern Shasta Cascade region. It’s home to every type of volcano in the world, along with steam vents, mud pots and hot springs – not dissimilar to Yellowstone, but with a fraction of the visitors. The diverse landscape is perfect for activities like mountain biking, fishing, paddle boarding, horseback riding, and hiking.

Dare to explore something grand
Learn more and plan your trip at Yosemite.com/CA
RO DTRIPS

There’s a case to be made for staying put on holidays, but sometimes you’ve just got to “get your motor runnin’ [and] head out on the highway.” And California can certainly fill that bill with a couple of iconic journeys and a host of other lesser-known itineraries designed specifically to help visitors discover the State’s deserts, mountains, cities and beaches.

The Pacific Coast Highway. Highway 1, is not only California’s most famous driving route, but one of America’s too. Although stretching from San Diego to San Francisco, the most famous stretch of road is from Big Sur to San Luis Obispo with winding ribbons of road that hug spectacular cliffs between the coastal mountains and the deep blue sea.

Vestiges of famed Route 66, which starts in Chicago and ends in Los Angeles, linger, including historic restaurants and landmarks, a long stretch of highway through the Mojave Desert, and the California Route 66 Museum in Victorville.

More specially curated drive itineraries can be found in the free California Road Trips guide, available online at: https://goo.gl/RW333W.

HIDDEN GEMS

Beyond its popular gateway regions and iconic attractions, California offers a wealth of unique and under-the-radar experiences. From idyllic byways and wine country destinations to historic honky-tonks and natural wonders, there is no shortage of unexpected pleasures to be found in the State. Here are just a few:

- In California’s Desert region, Anza-Borrego Desert State Park and Joshua Tree National Park are California’s only dark sky communities. Stargazers from around the world flock to the parks and visitors can enjoy everything from 2.5-hour tours to overnight stays under the stars.
- Located in the northeast part of the State in the heart of Shasta Cascade, Lake Almanor is an awe-inspiring, tranquil destination near Lassen Volcanic National Park.
- The Sierra Vista Scenic Byway, centrally located between Yosemite, Sequoia and Kings Canyon National Parks – and roughly 160 kilometres long – features amazing vistas authentic to visiting the High Sierras a century ago.
- In the foothills of Gold Country, Murphys offers high-quality wines made possible by the region’s unique microclimate. At these small wineries, the owners are the ones making and pouring the wine.
- In Gilroy, northern gateway to the Central Coast, a rare form of art is found in the Circus Trees of Gilroy.

FOOD & DRINK

The possibilities for culinary adventures are also endless in the Golden State, where everyone from amateur foodies to world-renowned chefs take a stake in California cuisine and produce. Try a Michelin-starred restaurant in San Francisco, or a creative pop-up food stand in L.A., gourmet tacos (with craft beer) in San Diego, or, of course, seafood fresh off the boat almost anywhere along the coast.

The Napa and Sonoma valleys north of San Francisco are rightly lauded for their excellent wines and estates, but a wide range of California vintages hail from four major growing regions, each unique in their own characteristics, leading to local hotbeds like Santa Barbara (Sanford Winery), or Monterey, which boasts 80 wineries in the region, many – like The Folktaile Winery in Carmel-By-The-Sea – open for tours and tastings. The River Road Wine Trail runs through rustic Carmel Valley Village, where 20 tasting rooms are located within a short walk, or wagon ride. The Napa Valley Wine Train, meanwhile, offers tasting tours in vintage 1915 Pullman railcars, and has introduced the Twilight Private Tours “wine and dine” experience.

ARTS & CULTURE

Whether one’s tastes run to the museums of San Francisco and Oakland, the nightclubs of L.A., star-watching along Hollywood Boulevard or in Beverly Hills, following the trail of the State’s 21 former Spanish missions, or letting loose at the annual Coachella music and arts festival in Greater Palm Springs, culture vultures will find a vibrant, thriving cultural scene that percolates from street level markets and performers to hundreds of galleries and the front row of the Disney Concert hall in Los Angeles.
FUN FLOWS AT BUELLTON BEER FEST

AMONG THE MANY REASONS to visit Buellton are its festivals, not the least of which is the annual Brew Fest, which next goes suds up on May 5, 2018. Taking place at River View Park from 12:30 a.m. to 5 p.m., attendees will be able to sample from more than 50 local craft beers, wines, ciders and spirits. There will also be food trucks, live entertainment and lawn games. Cost is US$45. A special VIP session for $55 includes early entry (11:30 a.m.) and special beer samples.

Buellton is located just north of Santa Barbara in the heart of Santa Barbara Wine Region on scenic Highway 101.

(www.visitbuellton.com; www.buelltonbrewfest.com)

VENTURE TO CHANNEL ISLANDS FROM VENTURA

VENTURA MAY BE KNOWN for its classic beach town vibe with its fair share of surfers and palm trees, but the hidden gem, located halfway from Malibu to Santa Barbara along Highway 101, is also a jumping off point to California’s Channel Islands National Park and Marine Sanctuary. Among its 2,000 plant and animal species, 150 are found nowhere else in the world, earning the islands their nickname, “North America’s Galapagos.” Over 30 marine mammal species live in the marine sanctuary surrounding the islands and marine life ranges from sea stars and anemones to blue whales, the world’s largest animal.

Smugglers Cove on Santa Cruz Island is considered one of the top 10 beach hikes in the State – a 12-kilometre round-trip trail that provides great views of the Pacific Ocean.

A trip to the islands takes about an hour with Island Packers Cruises; reservations are required.

(www.islandpackers.com)

Nature lovers will also want to check out Ventura’s Botanical Gardens, which are free and open to the public, while rolling Pacific waves and beautiful sunsets add to the allure.

(https://visitventuraca.com)
SAN DIEGO: TWO-NATION DESTINATION

WHILE SAN DIEGO has a lot going for it—terrific beaches and golf courses, the SeaWorld theme park and USS Midway aircraft carrier, burgeoning craft beer scene, and amazing weather—the city is quick to remind visitors that it is only 30 kilometres from the Mexican border, making for an ideal base for a two-nation vacation.

The concept is dubbed “United by the Border” and is designed to promote the city’s proximity to Baja California and cities like Tijuana, Rosarito, Ensenada, and the Guadalupe Valley.

Those who don’t want to venture to the world’s busiest border station will still find a prominent Spanish/Mexican influence in San Diego, manifested in its history, culture, architecture and food.

- Tour companies like MGB Travel, Baja Winery Tours and Baja Wine Tours offer set and customized one-day culinary and cultural tours that include direct pick-up and return to San Diego hotels.
- San Diego’s Trolley, a light-rail system, offers a 45-minute ride from downtown to San Ysidro where the Mexican border is easy to cross on foot. Once in Tijuana, public transportation, taxis and Uber are available to explore the city.
- Don’t forget your passport, Mexican tourist card (pre-arrange at Mexican Consulate), and Mexican auto insurance if you drive. (www.sandiego.org)

BERKELEY EXHIBIT ROCKS ON

ROCK MUSIC’S CLASSIC ERA holds a firm and fond place in the history of Berkeley. Jimi, Janis, Dylan, the Doors, Creedence and Country Joe all played epic gigs in the Bay Area city during rock’s heyday. A new free exhibit honours that legacy with “Soundtrack to the ‘60s” at the Berkeley History Center (1931 Center St. Berkeley) through April (Thurs.-Sat., 1-4 p.m.).

Drawing on the extensive archives of Berkeley local Country Joe McDonald, as well as rare photographs from the Berkeley Historical Society and several private collections, the exhibit captures the city’s counter-culture persona and its “mix of sarcasm and politics with an insolence that presaged the punk movement, all wrapped up in a free-spirited, Age of Aquarius serape of a vibe.”

Berkeley also boasts a current, vibrant music scene, with live shows available almost every night. (www.visitberkely.com)

APP-Y DAYS IN LOS ANGELES

A NEW APP issued by Discover Los Angeles is designed to help visitors optimize their stay in the city through their smartphones. The free “virtual pocket concierge” is a content-rich guide that utilizes artificial intelligence to provide thematically synced and personalized content based on weather, time and distance.

Features include:
- top daily events; finds film and television and locations; transportation options by bike, car, and Metro; locates free WiFi spots; suggest accommodations; saves favourite locations; dining options; currency converter; and more.

Download the app at: www.discoverlosangeles.com/app.
SEAWORLD SAN DIEGO TAPS APPEAL OF THE EEL

SEAWORLD SAN DIEGO’S newest attraction, Ocean Explorer, promises to delight guests of all ages with a realm of “deep-sea discovery” that features children’s rides and multiple aquariums combined with new digital technologies designed to create an experience centered on exploration that is not only fun, but inspires guests to protect the wonders of our oceans.

Among the five new kid’s rides is Submarine Quest, the world’s first interactive digital ride using “smart play” technology. Guests can also get up close to real giant Pacific octopuses, Japanese spider crabs and California moray eels in three uniquely designed aquariums. Interactive surprises like pop-up bubbles and kid crawl tubes inside the actual octopus and crab aquariums allow younger guests face time with the incredible species.

Meanwhile, SeaWorld will introduce Electric Eel – the tallest roller coaster in SeaWorld history – in Summer 2018, giving riders “the rare opportunity to feel what it’s like to move like an eel as they twist and flip along nearly 900 feet of undulating track,” according to SeaWorld.

WINE COUNTRY BACK IN BUSINESS

CALIFORNIA’S NAPA AND SONOMA wine regions are open for business after devastating wild fires that affected the valleys in October and officials in the State are eager for visitors to return. “Now is the time to visit Wine Country,” Visit California President & CEO Caroline Beteta said of the tourism-dependent region. “If you’re already planning a trip, don’t cancel — Wine Country residents need your business now more than ever.”

The area, located north of San Francisco, has more than 1,200 wineries, and fewer than 10 were heavily damaged. Most tasting rooms have re-opened and vintners expect the 2017 vintage to be excellent as 90 per cent of the year’s grapes were harvested before the fires struck. (www.visitnapavalley.com; www.sonomacounty.com)
SULLY, NEMO, BUZZ LIGHTYEAR and a host of other favourite Pixar characters are headed to Disneyland Resort in Anaheim for Pixar Fest, the biggest ever Pixar event at the theme park. Beginning April 13, the limited time event will feature a new fireworks spectacular, the return of two favourite parades with new Pixar “surprises,” new décor, atmosphere entertainment, creatively themed food and beverage and exclusive event merchandise.

Meanwhile, Pixar Pier, a permanent land along the southern shore of Paradise Bay at the Adventure park, will debut in summer during the Pixar Fest, introducing the new Incredicoaster and four “whimsical neighborhoods” where guests step into beloved Pixar stories.

A little further down the road, Disneyland will welcome a new Star Wars-themed land in 2019. Currently under construction, it will be the largest themed expansion to date at the park with highlights including two signature attractions: a thrilling battle experience and an adventure aboard the Millennium Falcon.

(www.disneyland.com)

VISITORS HAVE ALWAYS been able to enjoy unmatched stargazing in Greater Palm Springs and its surrounding deserts, but now it’s official. With the designation in August of Joshua Tree National Park (less than hour from the city) as an International Dark Sky Park, there are two sites in the area sanctioned by the International Dark-Sky Community, which recognizes “exceptional dedication to the preservation of the night sky” and “efforts to promote responsible lighting and dark sky stewardship.”

The other Palm Springs-area Dark Sky Place is Borrego Springs.

For its part, Joshua Tree National Park has long been popular for stargazers thanks to its stunning and unobstructed night sky views and ongoing night sky programming.

Greater Palm Springs, also offers extraordinary night sky views throughout its nine cities, with local ordinances enacted to reduce light pollution, preserving the area’s nighttime views of starry skies.

Stargazers in Greater Palm Springs will also be able to look at stars through a research-quality telescope at a new observatory opening in 2018. Located next to the Rancho Mirage Public Library, the US$3.6 million facility will allow amateur astronomers to gaze skywards through a rotating dome, while an open deck area is designed for visitors to set up their own telescopes.

(www.visigreaterpalmsprings.com)
CAMARILLO’S SUNNY DAYS, SUNNY WAYS
Ideal climate & outdoor spirit make for a great SoCal getaway  BY MICHAEL BAGINSKI

CAMARILLO, CA.’S SLOGAN IS “COME FOR THE Sun, Stay for the Fun,” which sounds just about right for winter-weary Canadians ready for a dose of beautiful southern California weather in a budget-friendly destination that takes its family-friendly bonafides seriously.

Located about an hour north of Los Angeles in Ventura County, and about half way between the City of Angels and Santa Barbara on scenic Route 101, Camarillo is nestled at the base of the Conejo foothills. It is surrounded by verdant green fields and farms but a mere 15 kilometres from the Pacific, which issues a welcome ocean breeze to keep average high temperatures in the 18- to 26-degree Celsius range year-round. Combined with an average of 272 sunny days a year, the SoCal city’s environment and location makes a perfect place for outdoor pursuits of all sorts, from golf (four local courses) to activities at a dozen nearby beaches and state park.

But there’s also plenty to do in town, from outdoor shopping and concerts to great dining and fun family events. Here’s a quick guide to help make the most of a visit:

OLD TOWN
Filled with boutique shops, galleries, cafés, bars and restaurants, Old Town exudes California charm and a 100-year-old history as it stretches along Ventura Boulevard. Better still is the neighbourhood at night when the lights come on. Stay at the charming Bella Capri Inn & Suites right on the strip.

CAMARILLO RANCH
Where better to learn about the history of the town than Camarillo Ranch, original home of Adolfo Camarillo, the city’s namesake? The ranch dates to the 1800s but now functions as a living museum and event rental space with period architecture and furnishings, stunning gardens and original stables.

SHOPPING
Beyond the shops and boutiques of Old Town, serious shoppers will want to check out the Camarillo Premium Outlets, located just off Highway 101 at Las Posas Road and featuring 160 stores, including such prominent names as Banana Republic, Coach, Michael Kors, Polo Ralph Lauren, Tory Burch, Tommy Hilfiger and more.

THE GREAT OUTDOORS
Nearby Point Mugu State Park is located within the Santa Monica Recreation Area and features nine kilometres of spectacular coastline with rocky bluffs, sand dunes, rugged hills, two major river canyons and wide grassy valleys. The adventure-minded will find 110 kilometres of hiking and biking trails, as well as the opportunity to swim and body surf, or just stroll along the beach and enjoy the nature and wildlife.

FAMILY-FRIENDLY
MCGRATH FAMILY FARM: Farm tours, pick-your-own produce (like strawberries) opportunities and frequent animal visitors are just some of the seasonal offerings at the farm.

THE CAMARILLO BIRD MUSEUM: The entire family can learn about humankind’s fine feathered friends at the Western Foundation of Vertebrate Zoology, otherwise known as “The Bird Museum.” The venue is dedicated to conservation of worldwide bird species and particularly eggs and nests. Public visits must be reserved at least one day in advance (805-388-9944).

COMMEMORATIVE AIR FORCE MUSEUM: Open daily, man-made “birds” are on display at the CAFM’s SoCal wing, which is dedicated to vintage World War II aircraft, as well as displaying weapons and artifacts of the era while “recalling the hard-won victories of Americans and other freedom-loving people around the world during the years between 1939 and 1945.” If visitors are lucky, they might even see one of the aircraft take flight.

CHEERS TO CAMARILLO
The Institution Ale Company (3841 Mission Oaks Blvd.) is a family-owned and operated micro-brewery dedicated to crafting “uncompromised and unfiltered” American-style ales. The tasting room serves food, but, more importantly, 18 types of beer, with names like Revelation, Virtue and Scary Dairy. It’s open seven days a week, but if you can’t get there, don’t worry – Institution suds are served around town at select local bars and restaurants.
THE O.C. – CLASS WITHOUT THE SASS

Mastering the attitude of Orange County cool
BY JENNIFER HUBBERT

I F THERE WAS AN ORANGE COUNTY PHRASEBOOK FOR travellers, it might start with “Do you validate?”

As a transit-riding Vancouverite, “valeting” is a new verb in my travel lexicon, but after two days in Orange County (about an hour’s drive south of Los Angeles), I’m just about fluent in the practice. Even more satisfying? Scoring sweet, free, parking validation.

The O.C. is new to me, but thanks to pop culture, not wholly unfamiliar. Gwen Stefani was “Just a Girl” here, the County launched The Real Housewives of… franchise, and what is Anaheim without Disney? As an understudy of Orange County cool, I base myself in Newport Beach, setting of the fictional teen drama The O.C.

NEWPORT BEACH

My first master class takes place at the epicentre of Newport style: Lido Marina Village. Its white-washed village walls evoke a starched nautical crispness. Local boutiques curate niche goods, from baubles to hand-mixed perfumes to bespoke monogram stationary. As I peruse greeting cards in Sugar Paper, I overhear a woman giggle, “I have to come back when I haven’t had two glasses of Champagne.” No one can blame her for tipping her glass to Saturday afternoon in the O.C.

It’s in Lido Marina that I pick up on another new term: “Duffy.” Duffy, noun, quintessential Newport Beach electric boat that drives as easily as a golf cart. They’re the best way to putt-putt around the marina, Champagne in hand, and an even better way to peep at Balboa Island’s lifestyles-of-the-rich-and-famous mansions. Don’t forget your oversize sunglasses – gawking is so gauche.

Once you’ve worked up a sun-kissed appetite, take a page from the Newport Beach playbook and dock n’ dine: park the Duffy, totter ashore and pull up a chair at a dockside eatery.

Dining options in Newport have been affectionately described to me by locals as “high tide/low tide,” a nautical play on highbrow/lowbrow. (Another phrase for the lexicon!) “You can be sitting in a dive bar next to a guy in an untucked Hawaiian shirt drinking a $3 beer and not know he owns one of the $16-million mansions on Balboa,” laughs my companion, Sara Gorgon from Newport Beach.

I’m not dressed to “be seen” this evening, so I skip high tide Nobu. Instead, I shore up at Lido Bottleworks, an inviting eatery serving plates made with hyperlocal ingredients, craft brews, California wines and draft kombucha. The warmth of the interior timber accents, hand-painted tiles and Mexican frazada textiles makes it a place I want to loiter. The menu is small, and all of the bites compete for my attention. Paralyzed by indecision, I order Iberico “secreto” pork, cauliflower, burrata, and short rib croquettes. I rule out the tuna tartare and rockfish ceviche only because I’m pregnant. Dessert is a chocolate mousse with sea salt and olive oil, a surprisingly well-paired flavour profile.
**HUNTINGTON BEACH**

The next day, I head up the coast to Huntington Beach.

It’s easy to see what makes Huntington Beach Orange County cool. A 13-kilometre beach is skirted by frothy white swells; girls with sea salt hair ride by me on cruiser bicycles; a crowd of surfers sit atop their boards, reading the waves. It’s Sunday mid-morning and boardshort and hoodie-wearing locals are fishing from the pier. Others are observing brunch, worshipping their eggs Benny and Blood Marys at restaurants named Duke’s, Ruby’s, and Jack’s.

It’s easy to fall into rhythm in Huntington Beach, or, “Surf City USA,” but I need to look the part. From afar, Pacific City screams “mall.” Instead, this open-air shopping plaza features a local vendor’s dining hall and racks of boho-inspired threads. One flowy maxi dress later, I head over to the International Surf Museum – Philz Coffee in-hand – to bone up on SoCal surf history.

Counted among the surf memorabilia is the camera Bruce Brown used to film *Endless Summer*, a film I watched as one of my first primers to Orange County cool. Before I leave, I add a few more words to my ever-expanding O.C. vocabulary: “grom,” “quiver,” and “sick”.

**LAGUNA BEACH**

For my final lesson I travel to Laguna Beach, where the County’s wide-brim beaches give way to dramatic bluffs, canyons and craggy coves.

I valet at Montage, an ultra-luxe hotel overlooking the Pacific. I’m feeling a bit out of place among the “housewives” and US$850-per-night guests, but no one pays me much mind. I snap a photo from the balcony before beelining it outdoors.

The view from Treasure Island Beach is as pretty as a picture – and there are plenty of pictures to prove it. Since 1999, the city has hosted the Laguna Beach Plein Air Painting Invitational. Lucky for me, my visit happens to coincide with day one of the 2017 festival, which pays homage to the “open-air” on location style.

I trace the paved walk along the ocean bluff where 35 artists are interpreting the windswept scene before them. It’s here that I meet Deborah Copeland, a plein air art fan from New York who has travelled to the Laguna Invitational nine times over 10 years. I ask her if she has any connection to the O.C. outside of plein air painting. She shakes her head no before offering up an explanation that perfectly captures the essence of Orange County cool: “I fell in love with plein air painting. At the Laguna Invitational, you get to talk to the artists and that’s very different from the culture in New York. In New York, sometimes you walk into a gallery and it’s very haughty. Are you good enough to patronize my gallery? You don’t get to meet the artists.”

Put another way, Orange County cool is breezy ease, class without the sass, millionaires without the haughty airs. This whole time, I thought O.C. cool was an attitude. But I find no attitude here – just an Orange County state of mind.
THE A-B-C’S OF
ORANGE COUNTY FAMILY FUN

A IS FOR ANAHEIM
Disney is in Anaheim, so there’s a good chance you’re staying in close proximity. The question is, will you maximize time spent in the park by choosing accommodation in Downtown Disney? Or will you maximize value by lodging nearby? Whichever option prevails, mom and dad will want to enjoy some unscheduled play of their own. Let that playground be the Anaheim Packing District. Located in downtown Anaheim, just four kilometres from Disney, this hip, pedestrian-friendly enclave is home to two craft breweries (kids welcome, we checked), shops, a hidden speakeasy, and the Anaheim Packing House, a two-storey food hall stuffed with 20-plus artisanal eateries where $10 meal options abound. Save room for a myriad of desserts that are as fun to look at as they are to eat. We suggest tackling the K2 Dornut (a croissant dough cronut) from Pandor Bakery and “smoking” like a dragon while munching on liquid nitro rice puffs from I Am. Go on, play with your food.

B IS FOR BUENA PARK
There’s plenty of wholesome, old-timey fun to be mined in Buena Park.

Start your day at Knott’s Berry Farm. Explore Calico, the park’s clapboard ghost town, and then board the authentic, narrow-gauge train for a lap around the park. (Mind the bandits!) From here, tots and pre-teens can head to Camp Snoopy to meet the Peanuts gang, while thrill-seekers test their nerves on Supreme Scream, Xcelerator and Silver Bullet. Before you leave, try a Starbucks boysenberry Frappuccino – they’re a nod to the farm’s agricultural roots and are blended exclusively at Knott’s.

If Knott’s Berry Farm and Disney are both on your itinerary, I suggest warming up at Knott’s. Cheaper, less hectic and boasting easier parking, it’s an effective way to introduce your family to a big theme park.

HOT TIP: Save up to US$30 per person by purchasing tickets online. (Purchases can even be made same-day.)
Buena Park’s nostalgic fun doesn’t stop at Knott’s Berry Farm. Take lunch at Farrell’s, a proper, old-fashioned ice cream parlour, restaurant, and candy shop. In the evening, marry supper with raucous dinner theatre at Pirate’s Dinner Adventure or Medieval Times Dinner and Tournament. Your kids will never forget the night they ate with their hands.

C IS FOR COSTA MESA
Does taking your young family to the theatre sound like a melodrama in the making? Not in Costa Mesa – City of the Arts – where performance art is B-Y-O-Brood.

The Segerstrom Center for the Arts is the beating heart of the city’s arts district and offers kid-focused programming. The 2017–18 Family Series invites children four to eight to attend a Discovery Series performance, while the Explorer Series entertains those seven and older. From interactive storytelling to sing-alongs, shows are designed to be enjoyed as a family outing. Peruse the complete schedule at SCFTA.org.
ENVELOPED BY NATURE, I AM ENGAGING in something that is very much not in my nature. Among a stand of tall trees, on a bathhouse rooftop overlooking a babbling creek, I’m soaking in a clawfoot tub. It’s meant to be blissfully relaxing, but my mind is hung on the fact that I’m naked in public. “Public” is relative; Orr Hot Springs Resort is tucked deep in the wild throes of Mendocino County and my unclothed counterparts are decidedly hippie. I know I’m overthinking this whole nude hot spring experience, it’s just that I haven’t showered with a man who isn’t my husband in eight years. But if there’s one thing that embodies the Mendo vibe, it’s au natural.

I’m willing to bet this might be the first you’re hearing of Mendocino County. It’s just 150-odd kilometres north of San Francisco, but the winding backroads that insulate this rugged coast will test your stomach’s mettle. Make your way in and you’ll be rewarded with Mendocino’s unique brand of organic rebellion. Home to 1970s back-to-the-landers and cannabis cultivators, this is a county of mavericks, makers and pinot noir winemakers. Farm stands that operate on the honour system, an absence of franchises and a county-wide ban on GMOs (genetically modified organisms) are the antithesis of American consumerism.

I arrive in Mendocino County via Highway 128, which deposits me into Yorkville Highlands wine region. At Yorkville Cellars (certified organic since 1986) sheep still mow the spaces between rows of vines. Next, I swoon for the 2013 Le Bon Bon cabernet at Meyer Family Cellars. I nip into Booneville to discover that it’s astonishingly hip for a one-horse kind of town. (Paella patio party, anyone?)

Home for the night is Philo’s The Madrones, a rustic collection of curated guest quarters that are luxurious without pretention. That evening, I venture down a rural backroad to The Bewildered Pig where Chef Janelle
Weaver handily dishes up the best meal I’ll eat all year. Rustic and refined, there are no missteps on her menu.

The next morning a chorus of bleating newborn goats nuzzle my fingers at Pennyroyal Farm. The farm’s creamery churns out mouth-watering small batch cheeses, each named for a Boontling word. Boontling is Boonville’s near-extinct local jargon that includes ear-tickling terms like doolsey-boo and briney glimmer.

At Frankie’s, in pretty-as-a-postcard Mendocino village, I sample a novel local delicacy: ice cream imbued with candy cap mushroom. To my surprise, it tastes distinctly of maple. I walk my cone down to Mendocino Headlands State Park where ocean swells hypnotically caress the rugged coast. Later in the afternoon I check into Little River Inn, a charming oceanside hotel operated by a fifth-generation family innkeeper. My room boasts a wood-burning fireplace, a feature that seems commonplace on this cozy coast. Wearing a gentle buzz courtesy of a gorgeous 2012 Panthea pinot noir, the crackling fire and a howling wind easily coax me to sleep.

My final day in Mendo threads me through the county’s densely wooded hinterland. I crane my neck from trunk to canopy (about 100 metres) to admire thousand-year-old redwoods in Montgomery Woods State Park before stripping down at Orr Hot Springs. Then it’s one last glass of wine imbibed in the gardens of Campovida.

What do I toast to? Mendocino’s enviable au natural joie de vivre, of course.

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**GOT AN EXTRA NIGHT?**

Steal giraffe kisses at B. Bryan Preserve in Point Arena. In summer, book an after dark Bioluminescence Tour with Catch-A-Canoe. Pulling your paddle through the water will provoke blooms of glowing plankton. Ride the historic Skunk Train through emerald deep woods, over wooden trestles and stone tunnels.
LIVING THE HIGH LIFE IN CALIFORNIA’S HIGH SIERRA

Pick your season for the ultimate experience

BY MICHAEL BAGINSKI

WITH MILES OF DIVERSE TERRAIN AND A WIDE range of activities not just available but practically insisting that you partake, the High Sierra is one of California’s most popular regions for visitors and one that reflects the State’s mountainous inland bounty, which is markedly different from the signature sand and surf of the coast.

Encompassing the Sierra Nevada mountains and hugging much of the Nevada border, the region stretches from Lake Tahoe in the north almost (but not quite) as far as northern Los Angeles County in the south. In other words, it’s big! So much so, in fact, that there are four distinct regions of High Sierra – Eastern, Western, Southern, and Lake Tahoe-Truckee – each with its own unique attributes.

NO SMALL ADVENTURE

Visit Mammoth Lakes and discover true adventure. Explore nearby Devil’s Postpile National Monument and magical Rainbow Falls; hike amongst the otherworldly tufa towers at Mono Lake; take in the grandeur of Yosemite National Park, or step back in time at Bodie — California’s official ghost town. Bike and hike mountain trails, paddle pristine alpine lakes in the Mammoth Lakes Basin, or ride the gondola to the top of Mammoth Mountain for 360° views of the High Sierra.

In winter, float in deep powder under the California sun at world-class Mammoth Mountain. Off the slopes, there’s cross country skiing, snowshoeing and snowmobiling.

With more than 70 restaurants and hundreds of lodging options for all budgets, Mammoth Lakes is the perfect base for year-round adventure.
Collectively, the region is home to such iconic destinations as Tahoe, Mammoth Lakes, Yosemite, Sequoia and Kings Canyon National Parks, as well as Bodie, Grover Hot Springs, Calaveras Big Trees State Park and Devils Postpile National Monument.

Yet, as blessed by Mother Nature as the region is, the High Sierra also boasts historic sites, arts and culture, gastronomic delights, and a wide range of entertainment. Taken together, there are seemingly limitless year-round activities, creating a high-altitude playground and adventurer’s paradise in all four seasons.

However, choosing the right season to visit and a little flexibility can go a long way to maximizing one’s enjoyment of the area. For example, Yosemite National Park is far less crowded outside the summer months, from September to April, which means shorter line times at the park gate or visitor centre and fewer people in the background of that selfie in front of the waterfall.

Conversely, the likes of Mammoth and Lake Tahoe sizzle when there’s snow on the slopes, meaning spring, summer or fall visits for non-skiers can be just the ticket.

Following is a brief guide to the High Sierra region and some tips to make the most of a visit, no matter what time of year:

**LAKE TAHOE - TRUCKEE REGION**
The Lake Tahoe area is an all-season travel destination. In winter months, visitors can choose from 19 ski resorts and explore Nordic Cross Country areas including Royal Gorge, the largest in North America. Skating, sledding, snowmobiling, and snowshoeing are also popular activities. Summer offers kayaking, stand-up paddle boarding, and boating. Spring and fall are perfect times for hiking, road and mountain biking, backpacking, sightseeing, and shopping. Places of interest include Donner Summit’s Pacific Crest Trail, Ehrman Mansion, Emerald Bay, Vikingsholm, and Squaw Valley USA, home of the 1960 Winter Olympics.

**SIGHTSEEING:** Often referred to as the “Jewel of the Sierra,” Lake Tahoe’s scenery is unsurpassed. For spectacular scenic beauty, check out Emerald Bay, Eagle Falls, Sand Harbor and panoramic views from the Heavenly Gondola. For a glimpse back in history, visit Truckee’s Donner Memorial State Park and historic downtown district. Other historical sites in Lake Tahoe-Truckee include Vikingsholm, Valhalla, Thunderbird Lodge, Gatekeepers, Maritime Museums, Donner Summit.

**EASTERN SIERRA**
The Eastern Sierra is rich with sightseeing wonders, including Death Valley National Park, Mt. Whitney, Mono Lake, Devils Postpile, Yosemite’s east gate, and must-see historic sites like Bodie Ghost Town and Laws Railroad Museum in Bishop. Endless hiking, biking, trout fishing, golfing, and boating in Bishop, Mammoth Lakes and throughout Mono County, await nature lovers. Summer festivals serve up food, music, sports events, while snow lovers can find world-class skiing at the “Top of California” on Mammoth Mountain and at family-friendly June Mountain.

**SIGHTSEEING:** The Eastern Sierra is home to dramatic high alpine landscapes, trout-filled lakes, hiking, golf, and world-class skiing/snowboarding at Mammoth and June Mountains. Scenic Byway US395 is worth the drive; stop and visit Yosemite’s spectacular East Gateway, Devils Postpile in Mammoth Lakes, Bodie Ghost Town, Bishop Creek, and the unique tufa formations at Mono Lake.

**WESTERN SIERRA**
This spectacular region features abundant wildlife, granite peaks, towering waterfalls, Giant Sequoias, and pristine lakes. Travel
through Yosemite National Park’s iconic scenery; explore Glacier Point, Hetch Hetchy, and breathtaking High Sierra trails. In summer, there’s hiking, camping, kayaking, mountain biking, fishing, and whitewater rafting in rivers like the Stanislaus, Merced, and Tuolumne. In winter there’s skiing, snowmobiling, and snowshoeing. Routes that include John Muir Highway through Coulterville, Sierra Vista Scenic Byway, Ebbetts Pass National Scenic Byway, or Sonora Pass Highway 108 offer beautiful spring wildflowers and fall colours.

**SIGHTSEEING:** In this region, visitors experience serene lakes, majestic waterfalls, amazing vistas and granite rock formations. Visit the ancient giant sequoia trees at Mariposa Grove and Calaveras Big Trees State Park and sample fine regional wines in Murphys, Jamestown, or Madera. See iconic sights like Half Dome and Yosemite Falls in Yosemite Valley in Mariposa County. The region features unlimited outdoor adventures, state parks, and historic gold-mining towns.

**SOUTHERN SIERRA**
The Southern end of the High Sierra is home to Sequoia and Kings Canyon National Parks and contain unsurpassed pristine wilderness. Visitors can experience alpine lakes like Huntington and Shaver, gorgeous granite rock formations like Moro Rock with its unrivaled views of the Great Western Divide, and groves of Giant Sequoias like the Giant Forest, which has the granddaddy of them all: The General Sherman Tree. Winter activities include downhill and cross country skiing, and snowmobiling. Hiking, fishing, backpacking, rock climbing, water sports, and world-class sailing round out this great High Sierra destination.

**SIGHTSEEING:** Some of the most unspoiled stretches of wilderness are located within the Southern Sierra. The Pacific Crest Trail and the John Muir Trail bisect this region. Sequoia and Kings Canyon National Parks feature Mount Whitney and Giant Forest and Generals Highway. The gateway city of Visalia makes a great base when exploring this region with many nature preserves, historic walking tours and art museums. Lake Isabella and the Kern River are other points of interest.

**TIPS FOR TACKLING YOSEMITE**
With more than five million visitors a year, Yosemite is one of the most popular national parks in the U.S. thanks to its incredible waterfalls, massive granite domes, and endless outdoor activities. Busiest months for visitors are June through August, prompting area tourism officials to urge visitors to consider visiting in the spring, fall or winter. At any time of year, consider these insider tips for making the most of your visit:

**THE HIGH ROAD** — Yosemite is 95 per cent wilderness, which means most people flowing into the valley only see a fraction of the park. Head to the sub-alpine regions for incredible trails and some of the best views of the valley from above.

**TAKE TRANSIT** — Yosemite in summer means searching for parking. Consider, instead, taking the YARTS (Yosemite Area Regional Transit System), available from several hotels outside the western entrance to the park.

**TOWN TOURS** — Gateway towns near the park have a lot to offer. In Mariposa, for example, visitors can delve into Gold Rush history, ride a stagecoach or even zipline above the Sierra Foothills. There’s also wine trails, golf courses, steam trains, and much more.

**PLAN AHEAD** — Book a tour in advance with a naturalist or other guide instead of trying to do so on site, wasting valuable time that could be spent in the park.

**START EARLY; LEAVE LATE** — Midday is the busiest time, but traffic can be heavy from 9 a.m. to 5 p.m. Arriving early or staying late can help beat the congestion.
WHY WE STILL LOVE SAN FRANCISCO

50 years after the Summer of Love, visitors are finding new reasons to leave their hearts in the Golden Gate City

BY MICHAEL BAGINSKI
I CAN’T SAY I RECALL THE SUMMER OF LOVE, HAVING been only five at the time, but I’m old enough to have experienced a lifetime of cultural references – from films and TV shows to songs too numerous to mention that have indelibly marked San Francisco in the generational consciousness of most Canadians. We’ve left our hearts there, courtesy of Tony Bennett; flew over the city’s famous hills chasing bad guys in countless cop cars in films and TV shows (like The Streets of San Francisco); and even craved Rice-a-Roni, an odd rice-noodle side dish imprinted on our consciousness in a series of ubiquitous commercials as “the San Francisco treat.”

Throw in instantly recognizable sites from the Golden Gate Bridge to Alcatraz, Fisherman’s Wharf, cable cars and Chinatown, along with gay pride, sourdough bread, the baseball Giants and 49ers (both the football team and the historic gold rush entrepreneurs), and you’ve got a bonafide bucket list destination that should be experienced at least once in a lifetime, and which is guaranteed not to disappoint.

Surprisingly small at only 80 square kilometres – hence immensely walkable (except maybe for some of those hills) – it’s easy to see a lot in a little time, making the City by the Bay, or the Golden Gate City (don’t call it “Frisco” or “San Fran”) a perfect long-weekend getaway. Throw in nearby gems like Sausalito, Muir Woods National Monument (for the Redwoods), Santa Cruz, Monterey, Big Sur, and the wine valleys of Napa and Sonoma, and one could easily make a week of it.

Consider this primer to help make the most out of your visit:

THE FAMOUS 4

**THE GOLDEN GATE BRIDGE:** Arguably the most famous bridge in the world impresses even the most experienced travellers with its stunning 2.7-kilometre span. A pedestrian walkway allows crossing on foot, and bikes are allowed on the western side. The bridge is said to be one of the most photographed structures on Earth.

**Golden Gate Park,** meanwhile, is the city’s largest and home to the Conservatory of Flowers, Japanese Tea Garden and San Francisco Botanical Garden.

**ALCATRAZ:** Better known as “The Rock,” the notorious former prison sitting in the middle of San Francisco Bay (and usually attractively surrounded by sailboats), is as iconic as the Golden Gate Bridge. Home to some of the United States’ most notorious criminals until closing in the 1960s, the island facility never suffered a successful escape. Visitors today get there by Alcatraz Cruises ferry from Pier 33 to explore the prison and grounds, including recorded cell-house tours. Advance reservations are recommended.

**FISHERMAN’S WHARF:** The festive waterfront marketplace and home to Pier 39 is one of the city’s most popular attractions. This is the place to see the colourful community of California sea lions and sample of bowl of chowder in a sour dough bowl. It’s also a short walk from attractions like Madame Tussauds, the San Francisco Dungeon, Ripley’s Believe It or Not! and the famous crab vendors selling walk-away crab and shrimp cocktails.

**CABLE CARS:** In operation since the late 19th century, the cars are synonymous with the city and make a great and inexpensive sightseeing excursion ($6/ticket) along three routes that rise and descend along San Francisco’s famous hills.
San Francisco is a great food city, and has more places to eat – over 3,500 – per capita than any other major U.S. city. As such, visitors are sure to find almost anything they want, though seafood – especially Dungeness crab – and sourdough bread, which, when hollowed out and filled with creamy clam chowder, stand out as the city’s signature dishes. And don’t forget that the city is home to famed Ghirardelli chocolates (around since 1852) and that Irish coffee is said to have been invented at the Buena Vista Café. A local Anchor Steam Beer (or two) from the Anchor Brewery Co. is also definitely in order. For a complete list of dining and nightlife options, visit www.sanfrancisco.travel/explore/dining and www.sanfrancisco.travel/explore/nightlife.

North Beach, the city’s Italian quarter, is a neighborhood of romantic European-style sidewalk cafés, restaurants and shops centred near Washington Square along Columbus and Grant avenues. The beautiful Church of Saints Peter and Paul is a beloved landmark.

At the foot of market street on the Bay, the Ferry Building with its iconic clocktower is not only one of the city’s top landmarks and a historical relic dating to 1898, but it has been home to a world-class public food market since 2003. Tours are available.

Coit Tower atop Telegraph Hill offers a splendid vantage point for photos of the bridges and the bay.

Chinatown is 24 busy blocks filled with restaurants, food markets, temples and small museums, and is accessible through the “Dragon’s Gate” at Grant Avenue and Bush Street.

Mission San Francisco de Asís, or Mission Dolores, is the oldest surviving structure in San Francisco and also a working church. Beyond its impressive history, visitors will find a garden, restored to the period of the 1770s when the mission was founded, and a cemetery that is the resting place of many prominent San Franciscans.

For everybody’s inner hippie, Haight-Ashbury was epicentre of the Summer of Love. New to the neighbourhood is the Haight Street Art Center (215 Haight St.), a first-of-its-kind poster print shop and gallery that supports a collective of posters artists, as well as honouring San Francisco’s pioneering role in the world of concert posters.

Lombard Street, the famous “crooked” street with eight hairpin switchbacks in one block (framed by gorgeous flowerbeds), is a must-have photo – selfie or otherwise. GPS 1099 Lombard to find the right spot.

Disney fans will find an unexpected treat at the Disney Family Museum, founded by Walt’s daughter Diane Disney Miller to tell the story of her father and the early days the entertainment conglomerate from a family perspective. The museum is situated in the Presidio.

Sailing and speedboat tours are a great way to see the bay, with the latter often pausing for effect beside the scenic bayside AT&T baseball park. Traditional bay cruises, meanwhile, are a great way to get up close and personal with The Golden Gate Bridge, Alcatraz, and, maybe with some luck, a frolicking humpback whale if the season is right.

With so much so much to see and do, and eat, there’s no question that any visit to the San Francisco is bound to be golden.
In Berkeley, you’re welcome to loosen up your itinerary and experience the unexpected. Come for world-class restaurants, museums, shopping, and performing arts, and discover fabulous diversions along the way. Take the alternate route, stray from the crowds, and get lost—in a good way. Go ahead. Be a little Berkeley.

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